SENIOR RULES

- Uniforms: officially OBGC supplied shirt and parent supplied basketball shorts, shoes and socks

- Quarter duration: 8 minutes

- Regulation time outs: 2 each half

- Regulation time out duration: 1 minute

- Regulation time outs: unused time outs not carried over to next half

- Overtime: First overtime period – 3 minutes
  Second overtime period – 1 minute
  Third overtime period – sudden death

- Overtime Time Outs: First overtime period – 1 time out
  Duration – 1 minute
  Second overtime period – 1 time out
  Duration – 30 seconds

- Unused time outs will not be carried over to the next overtime period

- Full court defense: allowed throughout whole game. If team goes up by 15 pts or more that team should fall back into ½ court defense.

- 3 or fewer players: game forfeited

- Foul shooting: players beyond perimeter cross perimeter when ball hits rim

- ***Clock Stopped: all fouls (shooting or non-shooting), jump balls (possession) and timeouts. And last minute of each half on all violations.***

Failure to comply with the Maximum & Minimum playing time rules will result in game forfeit.

- **Maximum playing time (10 players): 2 ½ quarters**
  First Half Rule: players will not play more than 1 full quarter in first half.

  No substitutions during first half except for quick sub-outs and sub-backins for minor injuries and uniform violations.

  Third Quarter Official Substitution Rule: players will not play more than ½ of the third quarter.

No substitutions during third quarter except for the Third Quarter Official Substitution and for quick sub-outs and sub-back-ins for minor injuries and uniform violations.

Fourth Quarter Rule: substitute freely

- **Minimum playing time (10 players): 1 ½ quarters**
  First Half Rule: players must play 1 full quarter in first half. No substitutions during first half except for quick sub-outs and sub-backins for minor injuries and uniform violations.

  Third Quarter Official Substitution Rule: players must play ½ of the third quarter.

  No substitutions during third quarter except for the Third Quarter Official Substitution and for quick sub-outs and sub-back-ins for minor injuries and uniform violations.

- **Maximum playing time (8 – 9 players): 3 quarters**
  First Half Rule: players will not play more than 1 full quarter in first half except for the players who will play both quarters to enable the shorthanded team to have five players on the court for each quarter.

  No substitutions during first half except for quick sub-outs and sub-backins for minor injuries and uniform violations.

  Third Quarter Official Substitution Rule: the players who played the entire first half will sit out the entire third quarter. The players who sat out one quarter in the first half will not play more than ½ of the third quarter except for the players who are needed to field five players in both halves of this quarter. For nine players, two players will play the entire third quarter. For eight players, four players will play the entire third quarter.

  No substitutions during third quarter except for the Third Quarter Official Substitution and for quick sub-outs and sub-back-ins for minor injuries and uniform violations.

  Fourth Quarter Rule: substitute freely

- **Minimum playing time (8 – 9 players): 1 ½ quarters**
  First Half Rule: players must play 1 full quarter in first half.
  No substitutions during first half except for quick sub-outs and sub-backins for minor injuries and uniform violations.

Third Quarter Official Substitution Rule: players must play ½ of the third quarters except for the players who must sit out the entire third quarter because they played both quarters in the first half.

No substitutions during third quarter except for the Third Quarter Official Substitution and for quick sub-outs and sub-back-ins for minor injuries and uniform violations.

- **Maximum playing time (7 players): 3 quarters**

  First Half Rule: players will not play more than 1 full quarter in first half except for the players who will play both quarters to enable the shorthanded team to have five players on the court for each quarter.

  No substitutions during first half except for quick sub-outs and sub-backins for minor injuries and uniform violations.

  Second Half Rule: two of the three players who played the entire first half will sit out the entire third quarter. The one player who played the entire first half and also the entire third quarter will sit out the entire fourth quarter.

  Third Quarter Official Substitution Rule: suspended

  No substitutions during third quarter except for quick sub-outs and sub back-ins for minor injuries and uniform violations.

  Fourth Quarter: substitute freely except for the one player who played the entire first half and also the entire third quarter; this player will sit out the entire fourth quarter.

- **Minimum playing time (7 players): 2 quarters**

  First Half Rule: players must play 1 full quarter in first half.

  No substitutions during first half except for quick sub-outs and sub-backins for minor injuries and uniform violations.

  Second Half Rule: players must play 1 full quarter in second half.

  No substitutions during third quarter except for quick sub-outs and sub back-ins for minor injuries and uniform violations.

- **Maximum playing time (4 – 6 players): suspended for both teams for entire game**

- **Minimum playing time (4 – 6 players): suspended only for 4 – 6 player team.**

  Suspension of the minimum playing time rule for 4 – 6 players is intended to enable the coach to deal with the cardio (child safety) aspects of this situation *and to rotate his limited players on and off the court.*

Under no circumstances is the suspension of this rule to be used to sit any player out for the entire game, *or to have a player play less than the required minimum of 1 ½ quarters.*

First Half Rule: suspended
Substitute freely

Second Half Rule: suspended
Substitute freely

Third Quarter Official Substitution Rule: suspended
Substitute freely

Fourth Quarter Rule: substitute freely