JUNIOR RULES

- Uniforms: officially OBGC supplied shirt and parent supplied basketball shorts, shoes and socks
- Quarter duration: 10 minutes
- Regulation time outs: 2 each half – unused time outs DO NOT carry over to next half
- Regulation time out duration: 1 minute
- Overtime: First overtime period – 3 minutes
  Second overtime period – 1 minute
  Third overtime period – sudden death
- Overtime Time Outs: First overtime period – 1 time out
  Duration – 1 minute
  Second overtime period – 1 time out
  Duration – 30 seconds
- Unused time outs will not be carried over to the next overtime period
- Official ball size: 29.5 regulation
- Full court defense: allowed throughout whole game. If team goes up by 15 pts or more that team should fall back into ½ court defense
- Defense type: zone or man-to-man allowed
- Three point shots: counted – gyms that have narrow 3 point areas will count if player's feet are touching the 3 point line.
- 3 or fewer players: game forfeited
- Foul shooting: from regulation foul line
- Foul shooting: Players, including shooter, enter lane when ball hits rim
  - Players beyond perimeter cross perimeter when ball hits rim
- Clock Stopped: all shooting fouls, jump balls (possession) and timeouts (For regular violations traveling, etc. the clock does not stop).
- Clock Stopped Last Minute of second quarter and end of Game: all referee whistles – fouls and violations (backcourt, three seconds, out of bounds balls, kicked ball, palming, traveling, etc.)
- Player or Coach Ejection: If a player or coach is ejected from a game for any reason. The player or coach will be suspended for the at least the next game of the season or playoffs. The Commissioner of basketball can length the suspension if the situation demands (i.e. fighting).

Failure to comply with the Maximum & Minimum playing time rules will result in game forfeit.

- **Maximum playing time (10-11 players): 2 ½ quarters. The Goal is to get all players at least 1.5 quarters of playing time.**

  First Half Rule: players will not play more than 1 full quarter in first half.

  No substitutions during first half except for injuries, illness or special circumstance.

  Third Quarter Official Substitution Rule: players will not play more than ½ of the third quarter. There is a mandatory officials timeout at the 4 minute mark for coaches to substitute all 5 players out. This is a mandatory substitution and players can only play the entire 3rd quarter if the team has less than 10 players.

  No substitutions during third quarter except for the Third Quarter Official Substitution, injuries or illness.

  Fourth Quarter Rule: substitute freely

- **Minimum playing time (10-11 players): 1 ½ quarters**

  First Half Rule: players must play 1 full quarter in first half if you have ten players. No substitutions during first half except for minor injuries and uniform violations. If a team has 11 players you can: 1)Play your 11 player of ½ of 1 quarter in the first half(splitting with one other player) or have your 11 player play the entire 3rd quart

  Third Quarter Official Substitution Rule: players must play ½ of the third quarter.(other than 11 player. If a team has 11 players the 11th person must play at least ½ of the 4th quarter.)

  No substitutions during third quarter except for the Third Quarter Official Substitution, minor injuries or illness.

- **Maximum playing time (8–9 players): 3 quarters**
  First Half Rule: players will not play more than 1 full quarter in first half except for the players who will play both quarters to enable the shorthanded team to have five players on the court for each quarter.
  No substitutions during first half except for minor injuries and uniform violations.
  Third Quarter Official Substitution Rule: the players who played the entire first half will sit out the entire third quarter. The players who sat out one quarter in the first half will not play more than ½ of the third quarter except for the players who are needed to field five players in both halves of this quarter. For nine players, two players will play the entire third quarter. For eight players, four players will play the entire third quarter.
  No substitutions during third quarter except for the Third Quarter Official Substitution or minor injuries and uniform violations.
  Fourth Quarter Rule: substitute freely

- **Minimum playing time (8–9 players): 1 ½ quarters**
  First Half Rule: players must play 1 full quarter in first half.
  No substitutions during first half except for minor injuries and uniform violations.
  Third Quarter Official Substitution Rule: players must play ½ of the third quarters except for the players who must sit out the entire third quarter because they played both quarters in the first half.
  No substitutions during third quarter except for the Third Quarter Official Substitution or minor injuries and uniform violations.

- **Maximum playing time (7 players): 3 quarters**
  First Half Rule: players will not play more than 1 full quarter in first half except for the players who will play both quarters to enable the shorthanded team to have five players on the court for each quarter.
  No substitutions during first half except for minor injuries and uniform violations.
  Second Half Rule: two of the three players who played the entire first half will sit out the entire third quarter. The one player who played the entire first half and also the entire third quarter will sit out the entire fourth quarter.
  Third Quarter Official Substitution Rule: suspended
  No substitutions during third quarter except for minor injuries and uniform violations.
  Fourth Quarter: substitute freely except for the one player who played the entire first half and also the entire third quarter; this player will sit out the entire fourth quarter.

- **Minimum playing time (7 players): 2 quarters**
  First Half Rule: players must play 1 full quarter in first half.
  No substitutions during first half except for minor injuries and uniform violations.
  Second Half Rule: players must play 1 full quarter in second half.
  No substitutions during third quarter except for minor injuries and uniform violations.

- **Maximum playing time (4–6 players**): suspended for both teams for entire game

- **Minimum playing time (4–6 players**): suspended only for 4 – 6 player team.
  Suspension of the minimum playing time rule for 4 – 6 players is intended to enable the coach to deal with the cardio (child safety) aspects of this situation. Under no circumstances is the suspension of this rule to be used to sit any player out for the entire game.

  First Half Rule: suspended
  Substitute freely
  Second Half Rule: suspended
  Substitute freely
  Third Quarter Official Substitution Rule: suspended
  Substitute freely
  Fourth Quarter Rule: substitute freely