

# RISING STAR MIDDLE SCHOOL BASKETBALL LEAGUE RULES

Updated as of 12/2/2015

## I. PLAYING RULES

- Unless modified by these rules, all games of the League shall be played in accordance with the current National High School Federation Basketball rules.
- Substitutions shall be unlimited. **A game may start with a minimum of 4 players.** A team must start the game at the scheduled starting time if the minimum number of players are present. (Note: Once a team has met these requirements, a team may finish the game with as few as 1 player providing said team has a chance to win the game.)
- Each team shall be allowed 6 team fouls per half before the one and one rule shall apply. One and one takes effect on the 7<sup>th</sup> team foul.
- All games shall consist of two (2) fourteen (14) minute halves. There shall be a five (5) minute rest period between the two (2) halves. **There will be three (5) 30-second timeouts that can be used at any time during the game.** The clock will stop on **all whistles.**
- The first 2 overtime periods shall be 3 minutes each. The clock will stop on **all whistles.** The third overtime shall be sudden death (exception: no sudden death for playoff tournament).
- There shall be 10-minutes grace period from the scheduled starting time for the first game only. A team must start the game at the scheduled starting time if the minimum number of players are present within the 10-minute grace period. The subsequent games shall start at the schedule starting time or within 5 minutes after completion of the previous game, whichever is later.
- **DUNKING or GRASPING THE RING** is not allowed before, during, or after the game. Any player guilty of dunking/grasping ring will automatically be ejected from the game. Each team will be held responsible for replacing any backboard or rim broken or damaged by their players.
- If a team forfeits 3 games during the season due to insufficient number of players, that team may be dropped from the League. All scheduled games not played shall be forfeited to the opponents.
- **UNIFORMS:** All team players shall dress in the same color shirts with at least a six-inch number on the back (no duplicate numbers). The home team (second team listed on the schedule) shall wear their light colored jersey and the visiting team will wear their dark colored jersey. Teams must have two (2) uniform colors available at each game. Failure to have an alternate uniform color available could cause the game to be forfeited to the opposing team.
- The 5<sup>th</sup> and 6<sup>th</sup> Grade Boys League will use an intermediate ball for all games. The home team is responsible for supplying an official game ball for each league game.

## II. DISCIPLINARY ACTION

- A player, manager, or coach who is ejected from a game by an official or for **dunking/grasping** the rim, shall be suspended for at least on (1) additional game (next league game played by that team). A second ejection during the season shall be

an automatic suspension for a period of at least one (1) year from the date of the second incident.

- Any player, manager, or coach who approaches an official in a negative manner after the conclusion of a league game shall be suspended for at least one (1) game.
- *A spectator who is ejected from a game by an official or who approaches an official in a negative manner after the conclusion of a league game shall be suspended for at least two (2) additional games (the next league games played by that team). The suspended spectator is also required to schedule and attend a meeting with the league director before their reinstatement into any Montgomery County Recreation Department activities. In addition, the head coach who is present at the league game where the incident with the spectator occurred shall be suspended for at least one (1) game (the next league game played by that team).*
- Anyone who makes physical contact with or threatens an official shall be suspended for at least one (1) year from the date of the incident,
- Any unsportsmanlike conduct may result in barring the player(s) or the team from further participation in the League.
- Any suspension handed out can be appealed to the League Office. The appeal must be submitted in writing within 48 hours after the affected individual has received the suspension letter. A hearing will be called within five working days upon receipt of the appeal in the League Office.
- A coach/manager that pulls a team off the floor for any reason: that team and coach will be suspended for the remainder of that season, plus the following year.

#### **IV. MISCELLANEOUS**

- **INCLEMENT WEATHER POLICY:** In case of inclement weather on the day of the game, call the recorded message at 240-777-6889.