

**18U, 16U
BASKETBALL RULE CHART
NO DUNKING IS ALLOWED**

RULE	18U (Seniors)	16U (Intermediate)
PLAY-OFF/CHAMPIONSHIP	REG. SEASON CHAMPS ADVANCE TO CITY PLAY-OFFS	REG. SEASON CHAMPS ADVANCE TO CITY PLAY-OFFS
GAME BALL	BOYS: OFFICIAL MEN'S GIRLS: OFFICIAL WOMEN'S	BOYS: OFFICIAL MEN'S
UNIFORMS	SHIRTS: ANY NON DUPLICATED NUMBERED SHORTS: ANY COLOR UNDER: ANY COLOR	SHIRTS: ANY NON DUPLICATED NUMBERED SHORTS: ANY COLOR UNDER: ANY COLOR
ROSTERS	MUST BE SUBMITTED BEFORE EVERY GAME	MUST BE SUBMITTED BEFORE EVERY GAME
GAMES: SCOREKEEPING	NORMAL HS FEDERATION	NORMAL HS FEDERATION
GAME TIME	4 - 8 MINUTE QUARTERS	4 - 8 MINUTE QUARTERS
CLOCK STOP	ALL SHOOTING FOULS; ALL WHISTLES LAST 1 MIN. OF 1ST HALF; ALL WHISTLES LAST 2 MIN. OF GAME; ALL WHISTLES IN O.T.	ALL SHOOTING FOULS; ALL WHISTLES LAST 1 MIN. OF 1ST HALF; ALL WHISTLES LAST 2 MIN. OF GAME; ALL WHISTLES IN O.T.
BONUS F.T.	NORMAL HS FEDERATION 7/10	NORMAL HS FEDERATION 7/10
TIME OUTS	3 FULL (60 SEC) PER GAME; 2 ½ (30 SEC) PER GAME O.T. 1 ADDITIONAL PER O.T.	3 FULL (60 SEC) PER GAME; 2 ½ (30 SEC) PER GAME O.T. 1 ADDITIONAL PER O.T.
OVERTIME: REG. SEASON	1-2 MINUTE O.T., IF STILL TIED 2-2 MINUTE O.T., IF STILL TIED GAME IS OVER	1-2 MINUTE O.T., IF STILL TIED 2-2 MINUTE O.T., IF STILL TIED GAME IS OVER
OVERTIME: PLAY-OFFS	AS MANY 2 MINUTE O.T AS NECESSARY	AS MANY 2 MINUTE O.T AS NECESSARY
PRESS: 1ST, 2ND, 3RD, 4TH QTRS	FULL COURT PRESS	FULL COURT PRESS
20 POINT LEAD	NOT BEYOND HALF COURT	NOT BEYOND HALF COURT
30 POINT LEAD	CLOCK DOESN'T STOP- EXCEPT FOR OFFICIAL TIMEOUTS & END OF PERIOD	CLOCK DOESN'T STOP- EXCEPT FOR OFFICIAL TIMEOUTS & END OF PERIOD
PARTICIPATION-PLAYERS	5 BY START OF GAME	5 BY START OF GAME
7-10 PLAYERS	ANY PORTION OF GAME	ANY PORTION OF GAME
10- MORE PLAYERS	ANY PORTION OF GAME	ANY PORTION OF GAME
PLAY-OFFS/ CHAMPIONSHIP	SEE DETAILS IN THE BODY OF THE	SEE DETAILS IN THE BODY OF THE

14U Mid-Atlantic & 14U Tournament BASKETBALL RULE CHART NO DUNKING IS ALLOWED

		BOOK	BOOK
RULE	14U Mid-Atlantic	14U - Tournament	
PLAY-OFF/CHAMPIONSHIP	REG. SEASON CHAMPS ADVANCE TO CITY PLAY-OFFS	ALL TEAMS ADVANCE TO PLAY-OFFS	
GAME BALL	BOYS: OFFICIAL MEN'S GIRLS: OFFICIAL WOMEN'S	BOYS: OFFICIAL MEN'S GIRLS: OFFICIAL WOMEN'S	
UNIFORMS	SHIRTS: ANY NON DUPLICATED NUMBERED SHORTS: ANY COLOR UNDER: ANY COLOR	SHIRTS: ANY NON DUPLICATED NUMBERED SHORTS: ANY COLOR UNDER: ANY COLOR	
ROSTERS	MUST BE SUBMITTED BEFORE EVERY GAME	MUST BE SUBMITTED BEFORE EVERY GAME	
GAMES: SCOREKEEPING	NORMAL HS FEDERATION	NORMAL HS FEDERATION	
GAME TIME	4 - 8 MINUTE QUARTERS	4 - 8 MINUTE QUARTERS	
CLOCK STOP	ALL SHOOTING FOULS; ALL WHISTLES LAST 1 MIN. OF 1ST HALF; ALL WHISTLES LAST 2 MIN. OF GAME; ALL WHISTLES IN O.T.	ALL SHOOTING FOULS; ALL WHISTLES LAST 1 MIN. OF 1ST HALF; ALL WHISTLES LAST 2 MIN. OF GAME; ALL WHISTLES IN O.T.	
BONUS FT.	NORMAL HS FEDERATION 7/10	NORMAL HS FEDERATION 7/10	
TIME OUTS	3 FULL (60 SEC) PER GAME; 2 (30 SEC) PER GAME O.T. 1 ADDITIONAL PER O.T.	3 FULL (60 SEC) PER GAME; 2 (30 SEC) PER GAME O.T. 1 ADDITIONAL PER O.T.	
OVERTIME: REG. SEASON	1 - 2 MINUTE O.T., IF STILL TIED 2 - 2 MINUTE O.T., IF STILL TIED GAME IS OVER	1 - 2 MINUTE O.T., IF STILL TIED 2 - 2 MINUTE O.T., IF STILL TIED GAME IS OVER	
OVERTIME: PLAY-OFFS	AS MANY 2 MINUTE O.T. AS NECESSARY	AS MANY 2 MINUTE O.T. AS NECESSARY	
PRESS: 1ST & 2ND QRTS PRESS: 3RD & 4TH QTRS	FULL COURT PRESS FULL COURT PRESS	NOT BEYOND HALF COURT FULL COURT PRESS	
20 POINT LEAD	NOT BEYOND HALF COURT	NOT BEYOND HALF COURT	
30 POINT LEAD	CLOCK DOESN'T STOP - EXCEPT FOR OFFICIAL TIMEOUTS & END OF PERIOD	CLOCK DOESN'T STOP - EXCEPT FOR OFFICIAL TIMEOUTS & END OF PERIOD	
PARTICIPATION: PLAYERS	5 BY START OF GAME	5 BY START OF GAME	
7-10 PLAYERS	ANY PORTION OF GAME	Each player must play a minimum of 1 full quarter start to finish with no substitution.	

10- MORE PLAYERS	ANY PORTION OF GAME	Each player must play a minimum of 1 full quarter start to finish with no substitution.
PLAY-OFFS/ CHAMPIONSHIP	ANY PORTION OF GAME	Each player must play a minimum of 1 full quarter start to finish with no substitution.

12U Mid-Atlantic & 12U Non -Tournament BASKETBALL RULE CHART NO DUNKING IS ALLOWED

RULE	12U Mid-Atlantic	12U Non - Tournament
PLAY-OFF/CHAMPIONSHIP	ALL TEAMS ADVANCE TO PLAY-OFFS	N/A
GAME BALL	BOYS: OFFICIAL WOMEN'S GIRLS: OFFICIAL WOMEN'S	BOYS: OFFICIAL WOMEN'S GIRLS: OFFICIAL WOMEN'S
UNIFORMS	SHIRTS: ANY NON DUPLICATED NUMBERED SHORTS: ANY COLOR UNDER: ANY COLOR	SHIRTS: any NON DUPLICATED NUMBERED SHORTS: ANY COLOR UNDER: ANY COLOR
ROSTER	MUST BE SUBMITTED BEFORE EVERY GAME	MUST BE SUBMITTED BEFORE EVERY GAME
GAMES: SCOREKEEPING	NORMAL HS FEDERATION	NORMAL HS FEDERATION
GAME TIME	4 - 8 MINUTE QUARTERS	4 - 8 MINUTE QUARTERS
CLOCK STOP	ALL SHOOTING FOULS; ALL WHISTLES LAST 1 MIN. OF 1ST HALF; ALL WHISTLES LAST 2 MIN. OF GAME; ALL WHISTLES IN O.T.	ALL SHOOTING FOULS; ALL WHISTLES LAST 1 MIN. OF 1ST HALF; ALL WHISTLES LAST 2 MIN. OF GAME; ALL WHISTLES IN O.T.
BONUS FT.	NORMAL HS FEDERATION 7/10	NORMAL HS FEDERATION 7/10
TIME OUTS	3 FULL (60 SEC) PER GAME; 2 (30 SEC) PER GAME O.T. 1 ADDITIONAL PER O.T.	3 FULL (60 SEC) PER GAME; 2 (30 SEC) PER GAME O.T. 1 ADDITIONAL PER O.T.
OVERTIME: REG. SEASON	1-2 MINUTE O.T., IF STILL TIED 2-2 MINUTE O.T., IF STILL TIED GAME IS OVER	1-2 MINUTE O.T., IF STILL TIED 2-2 MINUTE O.T., IF STILL TIED GAME IS OVER
OVERTIME: PLAY-OFFS	AS MANY 2 MINUTE O.T. AS NECESSARY	N/A
PRESS: 1ST & 2ND QTRS PRESS: 3RD & 4TH QTRS	NOT BEYOND HALF COURT FULL COURT PRESS	NOT BEYOND HALF COURT FULL COURT PRESS
20 POINT LEAD	NOT BEYOND HALF COURT	NOT BEYOND HALF COURT
30 POINT LEAD	CLOCK DOESN'T STOP- EXCEPT FOR OFFICIAL TIMEOUTS & END OF PERIOD	CLOCK DOESN'T STOP- EXCEPT FOR OFFICIAL TIMEOUTS & END OF PERIOD
PLAYERS TO START GAME	5 BY START OF GAME	5 BY START OF GAME

PLAYER PARTICIPATION - MINIMUM REQUIREMENTS	Each player must play a minimum of 1 full quarter start to finish with no substitution.	Each player must PLAY a minimum of 1 full quarter start to finish with no substitution.
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PLAY-OFFS/ CHAMPIONSHIP	Each player must play a minimum of 1 full quarter start to finish with no substitution.	N/A
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10U NON-TOURNAMENT BASKETBALL RULE CHART

RULE	10U NON-TOURNAMENT
PLAY-OFFS/ CHAMPIONSHIP	NONE- INSTRUCTIONAL
GAME BALLS	OFFICIAL WOMEN'S
UNIFORMS	SHIRTS- NUMBERED SHORTS- ANY COLOR UNDER- ANY COLOR
ROSTERS	MUST BE SUBMITTED BEFORE EVERY GAME
GAME-SCOREKEEPING	SCORE ERASED AT HALF
GAME TIME	4- 8 MINUTE QUARTERS
CLOCK STOP	ALL SHOOTING FOULS; ALL WHISTLES LAST 1 MIN. OF 1ST HALF; ALL WHISTLES LAST 2 MIN. OF GAME; NO OVERTIME
BONUS F.T.	NORMAL HS FEDERATION 7/10
TIME OUTS	3 FULL (60 SEC) PER GAME; 2 ½ (30 SEC) PER GAME O.T. - N/A
OVERTIME- REG. SEASON	NONE
OVERTIME- PLAY-OFFS	NONE
PRESS- 1ST/2ND QTRS	NO DEFENSE BEYOND 3 POINT ARCH
PRESS- 3RD/4TH QTRS	NO DEFENSE BEYOND HALF COURT LINE
20 POINT LEAD	INSIDE- 3 POINT ARCH
30 POINT LEAD	CLOCK DOESN'T STOP- EXCEPT FOR OFFICIAL TIMEOUTS & END OF PERIOD
PLAY/SIT DEFINITION	AN ENTIRE QUARTER MEANS START TO FINISH, NO SUBSTITUTION